



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

**Unger, Helgard**

Club: Klinikum Meiningen

Number: 452

Course: 10.50 km

10 km Lauf

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 1:09:28

Speed: 8.64 km/h

Running performance: 6:37 min/km

Rank in course/Total: 121 (of 127)

Rank in course/Women: 31 (of 36)

Best time in course: 47:44

Rank in category: 1(of 1)

Best time in the category: 1:09:28