



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Schrader, Bernd

Club: PSV Meiningen

Number: 561

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:36:48

Speed: 13.08 km/h

Running performance: 4:35 min/km

Rank in course/Total: 7 (of 65)

Rank in course/Men: 7 (of 53)

Best time in course: 1:27:36

Rank in category: 1(of 10)

Best time in the category: 1:36:48