



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Braun, Dorothee

Club: KMG Laufgruppe

Number: 450

Course: 10.50 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:20:01

Speed: 7.87 km/h

Running performance: 7:37 min/km

Rank in course/Total: 125 (of 127)

Rank in course/Women: 34 (of 36)

Best time in course: 47:44

Rank in category: 6(of 8)

Best time in the category: 49:34