



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Bing, Holger

Club: Rhöner WSV
Number: 563

Course: 21.10 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:43:24

Speed: 12.19 km/h
Running performance: 4:54 min/km

Rank in course/Total: 17 (of 65)

Rank in course/Men: 16 (of 53)

Best time in course: 1:27:36

Rank in category: 2(of 11)

Best time in the category: 1:41:02