



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

**Weise, Mario**

Club: Tri Team Calanda  
Number: 917

Course: 30.00 km  
30 km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:11:14

Speed: 13.72 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 4 (of 27)

Rank in course/Men: 4 (of 22)

Best time in course: 2:04:23

Rank in category: 1(of 1)

Best time in the category: 2:11:14