



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

#### Wieseke, Stefan

Club: Sportteam Steinbach

Number: 612

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:47:40

Speed: 11.70 km/h

Running performance: 5:06 min/km

Rank in course/Total: 21 (of 65)

Rank in course/Men: 20 (of 53)

Best time in course: 1:27:36

Rank in category: 3(of 6)

Best time in the category: 1:40:37