



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

Fallenstein, Bernd

Club: RTV Haselgrund  
Number: 606

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:51:41

Speed: 11.28 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 26 (of 65)

Rank in course/Men: 25 (of 53)

Best time in course: 1:27:36

Rank in category: 4(of 11)

Best time in the category: 1:41:02