



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

**Lunkeit, Achim**

Club: Fachklinik Bad Liebenstein

Number: 622

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:52:38

Speed: 11.24 km/h

Running performance: 5:20 min/km

Rank in course/Total: 29 (of 65)

Rank in course/Men: 28 (of 53)

Best time in course: 1:27:36

Rank in category: 5(of 10)

Best time in the category: 1:36:48