



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

#### Schöniger, Sven

Club: Wartburg-Sparkasse

Number: 540

Course: 10.50 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 55:48

Speed: 10.75 km/h

Running performance: 5:19 min/km

Rank in course/Total: 67 (of 127)

Rank in course/Men: 60 (of 91)

Best time in course: 40:21

Rank in category: 11(of 12)

Best time in the category: 45:50