



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Seel, Birgit

Club: Dermbach
Number: 594

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:08:12

Speed: 9.83 km/h
Running performance: 6:05 min/km

Rank in course/Total: 56 (of 65)

Rank in course/Women: 8 (of 12)

Best time in course: 1:40:07

Rank in category: 2(of 5)

Best time in the category: 2:03:54