



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

#### Quarré, Sierd

Club: Das Meininger Theater

Number: 591

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:10:31

Speed: 9.65 km/h

Running performance: 6:11 min/km

Rank in course/Total: 58 (of 65)

Rank in course/Men: 50 (of 53)

Best time in course: 1:27:36

Rank in category: 10(of 10)

Best time in the category: 1:36:48