



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Biskamp, Stephan

Club: Philippsthaler Landgrafen

Number: 905

Course: 30.00 km

30 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:36:54

Speed: 11.47 km/h

Running performance: 5:14 min/km

Rank in course/Total: 10 (of 27)

Rank in course/Men: 9 (of 22)

Best time in course: 2:04:23

Rank in category: 1(of 2)

Best time in the category: 2:36:54