



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Thomas, Gesine

Club: SV Bad Berka

Number: 914

Course: 30.00 km

30 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:38:48

Speed: 11.34 km/h

Running performance: 5:17 min/km

Rank in course/Total: 13 (of 27)

Rank in course/Women: 2 (of 5)

Best time in course: 2:36:53

Rank in category: 2(of 2)

Best time in the category: 2:36:53