



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Dehmel, Gerhard

Club: THWV Ilmenau
Number: 611

Course: 21.10 km
Halbmarathon

Category:
Senioren M70 (70-74 Jahre)

Total time: 2:15:28

Speed: 9.30 km/h
Running performance: 6:25 min/km

Rank in course/Total: 60 (of 65)

Rank in course/Men: 52 (of 53)

Best time in course: 1:27:36

Rank in category: 1(of 2)

Best time in the category: 2:15:28