



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

**Gebuhr, Thomas**

Club: Saalfelder LV

Number: 907

Course: 30.00 km

30 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:43:07

Speed: 11.04 km/h

Running performance: 5:26 min/km

Rank in course/Total: 15 (of 27)

Rank in course/Men: 13 (of 22)

Best time in course: 2:04:23

Rank in category: 7(of 9)

Best time in the category: 2:06:51