



10. Werraenergie Pleißlauf
Breitungen / 18.08.2013

Detailed evaluation

Gasa, Carola

Club: SV Mihla
Number: 920

Course: 30.00 km
30 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:48:21

Speed: 10.69 km/h
Running performance: 5:37 min/km

Rank in course/Total: 20 (of 27)

Rank in course/Women: 4 (of 5)

Best time in course: 2:36:53

Rank in category: 1(of 1)

Best time in the category: 2:48:21