



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

**Malsch, Beate**

Club: 1. Karateverein Schmalkalden  
Number: 593

Course: 21.10 km  
Nordic Walking lang

Category:  
Nordic Walking Frauen

Total time: 3:00:19

Speed: 6.99 km/h  
Running performance: 8:33 min/km

Rank in course/Total: 2 (of 2)

Rank in course/Women: 2 (of 2)

Best time in course: 2:43:11

Rank in category: 2(of 2)

Best time in the category: 2:43:11