



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

#### Remde, Anette

Club: Laufftreff Altensteiner Park

Number: 608

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:36:35

Speed: 8.05 km/h

Running performance: 7:25 min/km

Rank in course/Total: 65 (of 65)

Rank in course/Women: 12 (of 12)

Best time in course: 1:40:07

Rank in category: 5(of 5)

Best time in the category: 2:03:54