



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Klinzing, Ullrich

Club: Ludwigsfelde

Number: 913

Course: 30.00 km

30 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:49:09

Speed: 7.86 km/h

Running performance: 7:38 min/km

Rank in course/Total: 27 (of 27)

Rank in course/Men: 22 (of 22)

Best time in course: 2:04:23

Rank in category: 5(of 5)

Best time in the category: 2:17:23