



# 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

## Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt

Number: 929

Course: 30.00 km

Nordic Walking 30km

Total time: 3:58:23

Speed: 7.55 km/h

Course score: 30.00

performance score: 226 Points