



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Simon, Kai

Club: HSV Breitungen

Number: 33

Course: 5.00 km

Basilikalauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 22:31

Speed: 13.32 km/h

Running performance: 4:30 min/km

Rank in course/Total: 20 (of 39)

Rank in course/Men: 17 (of 27)

Best time in course: 15:58

Rank in category: 3(of 4)

Best time in the category: 15:58