



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

**Heide, Peter**

Club: Schmalkalder LV

Number: 36

Course: 5.00 km

Basilikalauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 24:11

Speed: 12.41 km/h

Running performance: 4:50 min/km

Rank in course/Total: 24 (of 39)

Rank in course/Men: 21 (of 27)

Best time in course: 15:58

Rank in category: 2(of 3)

Best time in the category: 20:18