



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

Schmidt - Röh, Klaus

Club: GMRLV  
Number: 460

Course: 10.50 km  
Nordic Walking kurz

Category:  
Nordic Walking Männer

Total time: 1:26:20

Speed: 6.95 km/h  
Running performance: 8:13 min/km

Rank in course/Total: 3 (of 13)

Rank in course/Men: 2 (of 3)

Best time in course: 1:20:00

Rank in category: 2(of 3)

Best time in the category: 1:20:00