



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Mäder, Dieter

Club: Floh-Seligenthal

Number: 42

Course: 5.00 km

Basilikalauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 27:50

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 31 (of 39)

Rank in course/Men: 25 (of 27)

Best time in course: 15:58

Rank in category: 1(of 1)

Best time in the category: 27:50