



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

Zimmermann, Stefan

Club: LG ohra energie Eisenach  
Number: 459

Course: 10.50 km  
10 km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 41:12

Speed: 14.56 km/h  
Running performance: 3:55 min/km

Rank in course/Total: 2 (of 127)

Rank in course/Men: 2 (of 91)

Best time in course: 40:21

Rank in category: 1(of 9)

Best time in the category: 41:12