



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

Hering, Mateusz

Club: Bytow  
Number: 404

Course: 10.50 km  
10 km Lauf

Category:  
Männer (20-29 Jahre)

Total time: 41:20

Speed: 14.52 km/h  
Running performance: 3:56 min/km

Rank in course/Total: 3 (of 127)

Rank in course/Men: 3 (of 91)

Best time in course: 40:21

Rank in category: 2(of 6)

Best time in the category: 40:21