



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Kaufhold, Tobias

Club: Faulungen
Number: 529

Course: 10.50 km
10 km Lauf

Category:
Männer (20-29 Jahre)

Total time: 44:35

Speed: 13.46 km/h
Running performance: 4:15 min/km

Rank in course/Total: 8 (of 127)

Rank in course/Men: 8 (of 91)

Best time in course: 40:21

Rank in category: 3(of 6)

Best time in the category: 40:21