



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Kühhirt, Marco

Club: RTV Haselgrund/Team Erdinger Alkoholfrei
Number: 415

Course: 10.50 km
10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 45:50

Speed: 13.09 km/h

Running performance: 4:22 min/km

Rank in course/Total: 14 (of 127)

Rank in course/Men: 14 (of 91)

Best time in course: 40:21

Rank in category: 1(of 12)

Best time in the category: 45:50