



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Reise, Marcel

Club: Blau-Weiss-90-Creuzburg

Number: 493

Course: 10.50 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 47:11

Speed: 12.72 km/h

Running performance: 4:29 min/km

Rank in course/Total: 19 (of 127)

Rank in course/Men: 19 (of 91)

Best time in course: 40:21

Rank in category: 5(of 12)

Best time in the category: 45:50