



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Foerster, Carina

Club: Tiefenort
Number: 487

Course: 10.50 km
Nordic Walking kurz

Category:
Nordic Walking Frauen

Total time: 1:35:44

Speed: 6.58 km/h
Running performance: 9:07 min/km

Rank in course/Total: 6 (of 13)

Rank in course/Women: 4 (of 10)

Best time in course: 1:26:20

Rank in category: 4(of 10)

Best time in the category: 1:26:20