



11. EppsteinTrails  
Eppstein / 18.08.2013

Detailed evaluation

Flatow, Jan

Club: Mainz-Kastel  
Number: 2119

Course: 33.00 km  
Kurzstrecke

Category:  
Senioren 1

Total time: 2:12:43

Speed: 14.92 km/h

Rank in course/Total: 82 (of 153)

Rank in course/Men: 78 (of 144)

Best time in course: 1:28:12

Rank in category: 26(of 42)

Best time in the category: 1:28:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
KR 2	7.50	33:30	12.54	23	10:28	79	11:12	7.50	33:30	12.54	7		85	10:07
KR 2	7.50	1:06:47	6.29	25	21:55	77	37:38	15.00	1:40:17	8.97	6		77	36:54
Finish	18.00	32:26	33.30	28	12:16	86	15:16	33.00	2:12:43	14.92	26	44:31	79	52:10