



11. EppsteinTrails

Eppstein / 18.08.2013

Detailed evaluation

Ahr, Benjamin

Club: Zee Aylienz e.V. MTB - Hagen
Number: 3035

Course: 53.00 km
Mittelstrecke

Category:
Senioren 1

Total time: 2:56:09

Speed: 18.05 km/h

Rank in course/Total: 42 (of 129)

Rank in course/Men: 41 (of 121)

Best time in course: 2:04:16

Rank in category: 14(of 38)

Best time in the category: 2:04:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
KR 2	7.50	28:08	14.93	17	45	7:19	7:19	7.50	28:08	14.93	37			49
Zwischenzeit	7.50	24:07	17.42	13	37	5:53	5:53	15.00	52:15	17.22	37			49
KJ 2	10.00	42:22	14.16	14	42	12:00	33:52	25.00	1:34:37	15.85	33			45 25:12
KJ 2	17.00	58:38	17.40	16	47	42:22	42:22	42.00	2:33:15	16.44	21			39 44:20
Finish	11.00	22:54	28.82	13	45	7:33	7:33	53.00	2:56:09	18.05	14	51:53		42 51:53