



11. EppsteinTrails

Eppstein / 18.08.2013

Detailed evaluation

Lolies, Ralph

Club: Hofheim
Number: 3095

Course: 53.00 km
Mittelstrecke

Category:
Senioren 3

Total time: 3:21:09

Speed: 15.81 km/h

Rank in course/Total: 68 (of 129)

Rank in course/Men: 66 (of 121)

Best time in course: 2:04:16

Rank in category: 6(of 16)

Best time in the category: 2:43:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
KR 2	7.50	31:43	14.19	9	6:18	79	10:54	7.50	31:43	14.19	7	6:18	74		
Zwischenzeit	7.50	25:45	17.48	7	2:54	62	7:31	15.00	57:28	15.66	7	9:12	74		
KJ 2	10.00	46:45	12.83	6	7:05	64	38:15	25.00	1:44:13	14.39	6	16:17	69	34:48	
KJ 2	17.00	1:08:14	14.95	8	14:48	74	51:58	42.00	2:52:27	14.61	6	31:05	63	1:03:32	
Finish	11.00	28:42	23.00	11	7:41	85	13:21	53.00	3:21:09	15.81	6	37:42	67	1:16:53	