



11. EppsteinTrails
Eppstein / 18.08.2013

Detailed evaluation

Spieß, Jan

Club: Oberursel
Number: 3106

Course: 53.00 km
Mittelstrecke

Category:
Senioren 2

Total time: 3:21:18

Speed: 15.80 km/h

Rank in course/Total: 69 (of 129)

Rank in course/Men: 67 (of 121)

Best time in course: 2:04:16

Rank in category: 33(of 56)

Best time in the category: 2:11:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
KR 2	7.50	34:34	12.15	44	13:35	98	13:45	7.50	34:34	12.15	8	4:07	75	
Zwischenzeit	7.50	27:53	15.06	40	9:00	87	9:39	15.00	1:02:27	14.41	8	4:52	75	
KJ 2	10.00	50:55	11.78	39	42:25	79	42:25	25.00	1:53:22	13.23	8	5:55	71	43:57
KJ 2	17.00	1:03:23	16.09	33	21:17	63	47:07	42.00	2:56:45	14.26	8	3:16	64	1:07:50
Finish	11.00	24:33	26.88	33	8:16	61	9:12	53.00	3:21:18	15.80	34	1:09:57	68	1:17:02