



11. EppsteinTrails

Eppstein / 18.08.2013

Detailed evaluation

Benz, Helena

Club: Team KettenKnecht
Number: 3081

Course: 53.00 km
Mittelstrecke

Category:
Seniorinnen 1

Total time: 3:22:07

Speed: 15.73 km/h

Rank in course/Total: 71 (of 129)

Rank in course/Women: 3 (of 8)

Best time in course: 2:46:54

Rank in category: 2(of 4)

Best time in the category: 2:46:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
KR 2	7.50	31:26	14.32	2	4:51	3	4:51	7.50	31:26	14.32	2	4:51	3	4:51
Zwischenzeit	7.50	27:00	16.67	2	3:32	3	3:32	15.00	58:26	15.40	2	8:23	3	8:23
KJ 2	10.00	49:36	12.10	2	8:12	3	8:12	25.00	1:48:02	13.88	2	16:35	3	16:35
KJ 2	17.00	1:07:17	15.16	2	12:45	3	12:45	42.00	2:55:19	14.37	2	29:20	3	29:20
Finish	11.00	26:48	24.63	2	5:53	3	5:53	53.00	3:22:07	15.73	2	35:13	3	35:13