



11. EppsteinTrails
Eppstein / 18.08.2013

Detailed evaluation

Plesmann, Stefanie

Club: Bad Homburger SC
Number: 3076

Course: 53.00 km
Mittelstrecke

Category:
Seniorinnen 1

Total time: 3:46:49

Speed: 14.02 km/h

Rank in course/Total: 100 (of 129)

Rank in course/Women: 5 (of 8)

Best time in course: 2:46:54

Rank in category: 3(of 4)

Best time in the category: 2:46:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
KR 2	7.50	34:33	13.02	3	5	7:58	5	7:58	7.50	34:33	13.02	4	6	7:58
Zwischenzeit	7.50	29:57	15.03	3	5	6:29	5	6:29	15.00	1:04:30	13.95	4	6	14:27
KJ 2	10.00	56:29	10.62	3	5	15:05	5	15:05	25.00	2:00:59	12.40	4	6	29:32
KJ 2	17.00	1:17:22	13.18	3	7	22:50	7	22:50	42.00	3:18:21	12.70	3	5	52:22
Finish	11.00	28:28	23.19	3	5	7:33	5	7:33	53.00	3:46:49	14.02	3	5	59:55