



11. EppsteinTrails

Eppstein / 18.08.2013

Detailed evaluation

Helfrich, Harald

Club: Rüsselsheim
Number: 2075

Course: 33.00 km
Kurzstrecke

Category:
Senioren 3

Total time: 1:44:59

Speed: 18.86 km/h

Rank in course/Total: 24 (of 153)

Rank in course/Men: 23 (of 144)

Best time in course: 1:28:12

Rank in category: 3(of 17)

Best time in the category: 1:35:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
KR 2	7.50	28:45	15.65	3	4:39	39	6:27	7.50	28:45	15.65	14		31	5:22
KR 2	7.50	52:25	8.59	4	23:16	23	23:16	15.00	1:21:10	11.09	4	17:47	24	17:47
Finish	18.00	23:49	45.35	4	6:39	23	6:39	33.00	1:44:59	18.86	4	24:26	24	24:26