



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Köppe, Jan

Club: SV Fortuna 49 Körner  
Number: 563

Course: 5.00 km  
5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 18:40

Speed: 16.07 km/h  
Running performance: 3:44 min/km

Rank in course/Total: 3 (of 137)

Rank in course/Men: 3 (of 96)

Best time in course: 17:31

Rank in category: 1(of 22)

Best time in the category: 18:40