



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Müller, Frank

Club: Bollstedter SV
Number: 547

Course: 5.00 km
5 km-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 18:55

Speed: 15.86 km/h
Running performance: 3:47 min/km

Rank in course/Total: 4 (of 137)

Rank in course/Men: 4 (of 96)

Best time in course: 17:31

Rank in category: 2(of 12)

Best time in the category: 17:31