



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Seise, Andreas

Club: SV 1899 Mühlhausen
Number: 522

Course: 5.00 km
5 km-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 19:05

Speed: 15.72 km/h
Running performance: 3:49 min/km

Rank in course/Total: 6 (of 137)

Rank in course/Men: 6 (of 96)

Best time in course: 17:31

Rank in category: 1(of 4)

Best time in the category: 19:05