



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Marienzfeld, Nico

Club: Bollstedter SV
Number: 559

Course: 5.00 km
5 km-Lauf

Category:
männliche Jugend (16-19 Jahre)

Total time: 20:34

Speed: 14.59 km/h
Running performance: 4:07 min/km

Rank in course/Total: 19 (of 137)

Rank in course/Men: 18 (of 96)

Best time in course: 17:31

Rank in category: 4(of 12)

Best time in the category: 17:40