



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

**Frontke, Antonia**

Club: SV 1899 Mühlhausen  
Number: 475

Course: 5.00 km  
5 km-Lauf

Category:  
weibliche Jugend (16-19 Jahre)

Total time: 21:07

Speed: 14.21 km/h  
Running performance: 4:13 min/km

Rank in course/Total: 23 (of 137)

Rank in course/Women: 2 (of 41)

Best time in course: 20:00

Rank in category: 1(of 4)

Best time in the category: 21:07