



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

**Bellstedt, Yves**

Club: Mühlhausen  
Number: 465

Course: 5.00 km  
5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 22:26

Speed: 13.37 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 33 (of 137)

Rank in course/Men: 30 (of 96)

Best time in course: 17:31

Rank in category: 9(of 22)

Best time in the category: 18:40