



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Kötz, Swen

Club: Laufgruppe Hufeland Klinikum
Number: 493

Course: 5.00 km
5 km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 25:55

Speed: 11.58 km/h
Running performance: 5:11 min/km

Rank in course/Total: 81 (of 137)

Rank in course/Men: 69 (of 96)

Best time in course: 17:31

Rank in category: 5(of 7)

Best time in the category: 21:15