



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

**Niedling, Doreen**

Club: Grossengottern  
Number: 504

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 26:45

Speed: 11.21 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 91 (of 137)

Rank in course/Women: 17 (of 41)

Best time in course: 20:00

Rank in category: 4(of 7)

Best time in the category: 23:38