



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Heintze, Sandra

Club: Mühlhäuser Laufmäuse
Number: 588

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 27:47

Speed: 10.80 km/h
Running performance: 5:34 min/km

Rank in course/Total: 93 (of 137)

Rank in course/Women: 19 (of 41)

Best time in course: 20:00

Rank in category: 3(of 3)

Best time in the category: 24:34