



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Fritsch, Manuela

Club: Weinbergen

Number: 474

Course: 5.00 km

5 km-Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 27:54

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 96 (of 137)

Rank in course/Women: 20 (of 41)

Best time in course: 20:00

Rank in category: 5(of 7)

Best time in the category: 23:38