



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Schäfer, Sabine

Club: Bundeswehr  
Number: 520

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 28:01

Speed: 10.71 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 99 (of 137)

Rank in course/Women: 21 (of 41)

Best time in course: 20:00

Rank in category: 4(of 13)

Best time in the category: 23:16