



17. Mühlhäuser Altstadtlauf  
Mühlhausen / 24.08.2013

Detailed evaluation

Hager, Claudia

Club: Cheers-Bar & Bistro  
Number: 577

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 28:39

Speed: 10.47 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 102 (of 137)

Rank in course/Women: 25 (of 41)

Best time in course: 20:00

Rank in category: 2(of 4)

Best time in the category: 24:49