



17. Mühlhäuser Altstadtlauf
Mühlhausen / 24.08.2013

Detailed evaluation

Heuck, Birgit

Club: BSG Sparkasse Unstrut-Hainich
Number: 483

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 30:33

Speed: 9.82 km/h
Running performance: 6:07 min/km

Rank in course/Total: 108 (of 137)

Rank in course/Women: 28 (of 41)

Best time in course: 20:00

Rank in category: 1(of 1)

Best time in the category: 30:33